



# Belmont Media Center Program Schedule

Comcast: Channel 8, 9, 6

Verizon: Channel 28, 29, 30, 2130

May 13 - 19, 2024

[www.belmontmedia.org/watch](http://www.belmontmedia.org/watch)

## Monday, May 13, 2024

### CH 8/28 Gov & Ed TV

- 12:00 PM BMHS Building Cmte 4/11
- 2:30 PM Warrant Committee 5/8
- 5:30 PM Outstanding Teacher Awards
- 7:00 PM Select Board (Live)

### CH 9/29 Public TV

- 10:00 AM BSC: Stand-Up Comedy
- 11:00 AM Talking News
- 11:30 AM Belmont Connects
- 12:00 PM Dracut Arts
- 12:30 PM Contemporary Science Issues
- 1:00 PM Tap for Sap for Syrup
- 1:30 PM A Cappella Night
- 3:00 PM Middlesex Concert Band
- 4:30 PM Belmont Business Spotlight
- 5:00 PM BHS Sports TV
- 9:00 PM Belmont Journal/News Now
- 9:30 PM Hot Topics
- 10:00 PM SPOA Housing Policy
- 11:00 PM The Night Shift

### CH 6/30 Info TV

- 6:00 AM Belmont Journal/News Now
- 6:30 AM The DNA of the News
- 7:00 AM Africa News Live
- 8:00 AM Democracy Now
- 9:00 AM Al Jazeera News
- 10:00 AM Deutsche Welle News
- 11:00 AM France 24 News
- 1:00 PM Belmont Journal/News Now
- 1:30 PM Connect
- 2:00 PM MA House of Representatives
- 4:00 PM Racism 101
- 5:00 PM Democracy Now
- 6:00 PM Belmont Journal/News Now
- 6:30 PM DNA of the News
- 7:00 PM Zoning Board of Appeals (Live)
- 10:00 PM France 24 News
- 12:00 AM Democracy Now

### CH 2130 HD TV

- 9:00 AM Middlesex Concert Band
- 10:30 AM On the Job
- 11:00 AM Talk About Jazz
- 11:30 AM Alumni and Friends of BHS
- 12:00 PM Belmont Journal/News Now
- 12:30 PM Contemporary Science Issues
- 1:00 PM AAC Fishbowl 256
- 1:30 PM A Cappella Night
- 3:00 PM Outstanding Teacher Awards
- 4:30 PM Belmont Business Spotlight
- 5:00 PM SPOA Housing Policy
- 6:00 PM BSC: Stand-Up Comedy
- 7:00 PM Select Board (Live)

## Tuesday, May 14, 2024

### CH 8/28 Gov & Ed TV

- 9:00 AM BMHS Building Cmte 4/11
- 12:00 PM Planning Board 5/7
- 3:30 PM Outstanding Teacher Awards
- 5:00 PM BHS POPS Concert 4/25
- 7:00 PM Planning Board (Live)

### CH 9/29 Public TV

- 9:00 AM BSC: Core
- 10:00 AM BSC: Strength & Flexibility
- 11:00 AM BSC: Aerobics
- 12:00 PM BSC: Tai Chi
- 12:30 PM BSC: Low Impact Fitness
- 1:30 PM Talk About Jazz
- 2:00 PM Tap for Sap for Syrup
- 2:30 PM AAC Fishbowl 256
- 3:00 PM SPOA Housing Policy
- 4:00 PM Radio Daze
- 5:00 PM Hot Topics
- 5:30 PM On the Job

### CH 6/30 Info TV

- 6:00 AM Belmont Journal/News Now
- 6:30 AM The DNA of the News
- 7:00 AM Africa News Live
- 8:00 AM Democracy Now
- 9:00 AM Al Jazeera News
- 10:00 AM Deutsche Welle News
- 11:00 AM France 24 News
- 1:00 PM Belmont Journal/News Now
- 1:30 PM Connect
- 2:00 PM MA House of Representatives
- 4:00 PM Racism 101
- 5:00 PM Democracy Now

### CH 2130 HD TV

- 9:30 AM Outstanding Teacher Awards
- 11:00 AM Talking News
- 11:30 AM BHS Sports
- 2:00 PM SPOA Housing Policy
- 3:00 PM On the Job
- 3:30 PM Contemporary Science Issues
- 4:00 PM Gallery @ BMC
- 4:30 PM Belmont Journal/News Now
- 5:00 PM Alumni & Friends of BHS
- 5:30 PM BSC: Stand-Up Comedy
- 6:30 PM Belmont Connects
- 7:00 PM Planning Board (Live)

**Belmont Media Center Program Schedule****May 13 - 19, 2024**

<b>6:00 PM</b> Reeling...The Movie Review Show	<b>6:00 PM</b> Belmont Journal/News Now
<b>6:30 PM</b> BSC: Stand-Up Comedy	<b>6:30 PM</b> The DNA of the News
<b>7:30 PM</b> Alumni and Friends of BHS	<b>7:00 PM</b> Al Jazeera News
<b>8:00 PM</b> Gallery @ BMC	<b>8:00 PM</b> Africa News Live
<b>8:30 PM</b> Contemporary Science Issues	<b>9:00 PM</b> Deutsche Welle News
<b>9:00 PM</b> Belmont Connects	<b>10:00 PM</b> France 24 News
<b>9:30 PM</b> Belmont Business Spotlight	<b>12:00 AM</b> Democracy Now
<b>10:00 PM</b> Belmont Journal/News Now	
<b>10:30 PM</b> The Night Shift	

**Wednesday, May 15, 2024****CH 8/28 Gov & Ed TV**

**7:30 AM** Municipal Light Board (Live)  
**11:00 AM** Select Board 5/13  
**2:30 PM** Outstanding Teacher Awards  
**4:00 PM** Zoning Board of Appeals 4/1  
**6:00 PM** BHS POPS Concert 4/26  
**7:30 PM** Warrant Committee (Live)

**CH 9/29 Public TV**

**10:00 AM** BSC: Yoga Dance  
**11:00 AM** BSC: Low Impact Fitness  
**12:00 PM** BSC: Funny Programs  
**1:30 PM** BSC: AARP Homefit  
**2:00 PM** Radio Daze  
**3:00 PM** Talking News  
**3:30 PM** Tap for Sap for Syrup  
**4:00 PM** Reeling...The Movie Review  
**4:30 PM** On the Job  
**5:00 PM** Gallery @ BMC  
**5:30 PM** Contemporary Science Issues  
**6:30 PM** Belmont Connects  
**7:00 PM** BHS POPS Concert 4/25  
**8:00 PM** Alumni and Friends of BHS  
**8:30 PM** Talk About Jazz  
**9:00 PM** AAC Fishbowl 256  
**9:30 PM** Belmont Journal/News Now  
**10:00 PM** A Cappella Night

**CH 6/30 Info TV**

**6:00 AM** Belmont Journal/News Now  
**6:30 AM** The DNA of the News  
**7:00 AM** Africa News Live  
**8:00 AM** Democracy Now  
**9:00 AM** Al Jazeera News  
**10:00 AM** Deutsche Welle News  
**11:00 AM** France 24 News  
**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Connect  
**2:00 PM** MA House of Representatives  
**4:00 PM** Racism 101  
**5:00 PM** Democracy Now  
**6:00 PM** Belmont Journal/News Now  
**6:30 PM** The DNA of the News  
**7:00 PM** Al Jazeera News  
**8:00 PM** Africa News Live  
**9:00 PM** Deutsche Welle News  
**10:00 PM** France 24 News  
**12:00 AM** Democracy Now

**CH 2130 HD TV**

**7:30 AM** Municipal Light Board (Live)  
**11:00 AM** Hot Topics  
**11:30 AM** BHS Sports  
**2:30 PM** Talk About Jazz  
**3:00 PM** Belmont Journal/News Now  
**3:30 PM** Radio Daze  
**4:30 PM** Contemporary Science Issues  
**5:00 PM** Tap for Sap for Syrup  
**5:30 PM** Middlesex Concert Band  
**7:00 PM** Belmont Connects  
**7:30 PM** Warrant Committee (Live)

**Thursday, May 16, 2024****CH 8/28 Gov & Ed TV**

**8:00 AM** BMHS Building Cmte 4/11  
**12:00 PM** School Committee 5/7  
**3:30 PM** Municipal Light Board 5/15  
**6:00 PM** BHS Pops Concert 4/25

**CH 9/29 Public TV**

**9:00 AM** BSC: Tai Chi  
**9:30 AM** BSC: Core  
**10:00 AM** BSC: Aerobics  
**10:30 AM** BSC: Zumba

**CH 6/30 Info TV**

**6:00 AM** Belmont Journal/News Now  
**6:30 AM** The DNA of the News  
**7:00 AM** Africa News Live  
**8:00 AM** Democracy Now

**CH 2130 HD TV**

**8:00 AM** BMHS Building Cmte 4/11  
**10:00 AM** AAC Fishbowl 265  
**10:30 AM** Middlesex Concert Band  
**12:00 PM** Outstanding Teacher Awards

**Belmont Media Center Program Schedule****May 13 - 19, 2024****7:00 PM** BHS Pops Concert 4/26**8:30 PM** Planning Board 5/14**11:30 AM** BSC: Qigong**12:30 PM** BSC: Stand-Up Comedy**1:30 PM** Dracut Arts**2:00 PM** A Cappella Night**3:30 PM** Gallery @ BMC**4:00 PM** Talking News**4:30 PM** Talk About Jazz**5:00 PM** Middlesex Concert Band**6:30 PM** Reeling...Movie Review Show**7:00 PM** Radio Daze**8:00 PM** Hot Topics**8:30 PM** Belmont Business Spotlight**9:00 PM** Belmont Journal/News Now**9:30 PM** On the Job**10:00 PM** The Night Shift**11:00 PM** SPOA Housing Policy**9:00 AM** Al Jazeera News**10:00 AM** Deutsche Welle News**11:00 AM** France 24 News**1:00 PM** Belmont Journal/News Now**1:30 PM** Connect**2:00 PM** MA House of Representatives**4:00 PM** Racism 101**5:00 PM** Democracy Now**6:00 PM** Belmont Journal/News Now**6:30 PM** The DNA of the News**7:00 PM** Al Jazeera News**8:00 PM** Africa News Live**9:00 PM** Deutsche Welle News**10:00 PM** France 24 News**12:00 AM** Democracy Now**1:30 PM** Tap for Sap for Syrup**2:00 PM** Talking News**2:30 PM** Radio Daze**3:30 PM** BHS POPS Concert 4/25**4:30 PM** Alumni and Friends of BHS**5:00 PM** Gallery @ BMC**5:30 PM** BHS POPS Concert 4/26**7:00 PM** Hot Topics**7:30 PM** Belmont Journal/News Now**8:00 PM** Belmont Connects**8:30 PM** Belmont Business Spotlight**9:00 PM** SPOA Housing Policy**10:00 PM** BHS Sports**Friday, May 17, 2024****CH 8/28 Gov & Ed TV****9:00 AM** Zoning Board of Appeals 4/1**11:00 AM** School Committee 5/7**3:30 PM** Planning Board 5/14**7:00 PM** Select Board 5/13**CH 9/29 Public TV****10:30 AM** Belmont Connects**11:00 AM** BSC: Funny Programs**12:30 PM** Talking News**1:00 PM** Middlesex Concert Band**2:30 PM** Dracut Arts**3:00 PM** Reeling...Movie Review Show**3:30 PM** AAC Fishbowl 256**4:00 PM** Radio Daze**5:00 PM** Tap for Sap for Syrup**5:30 PM** BHS POPS Concert 4/26**7:00 PM** Alumni & Friends of BHS**7:30 PM** On the Job**8:00 PM** Gay USA**9:00 PM** Gallery @ BMC**9:30 PM** Belmont Business Spotlight**10:00 PM** Belmont Journal/News Now**10:30 PM** A Cappella Night**CH 6/30 Info TV****6:00 AM** Belmont Journal/News Now**6:30 AM** The DNA of the News**7:00 AM** Africa News Live**8:00 AM** Democracy Now**9:00 AM** Al Jazeera News**10:00 AM** Deutsche Welle News**11:00 AM** France 24 News**1:00 PM** Belmont Journal/News Now**1:30 PM** Connect**2:00 PM** MA House of Representatives**4:00 PM** Racism 101**5:00 PM** Democracy Now**6:00 PM** Belmont Journal/News Now**6:30 PM** The DNA of the News**7:00 PM** Al Jazeera News**8:00 PM** Africa News Live**9:00 PM** Deutsche Welle News**10:00 PM** France 24 News**12:00 AM** Democracy Now**CH 2130 HD TV****10:00 AM** Belmont Connects**10:30 AM** BSC: Stand-Up Comedy**11:30 AM** BSC: Funny Programs**1:00 PM** Belmont Journal/News Now**1:30 PM** Belmont Business Spotlight**2:00 PM** Outstanding Teacher Awards**3:30 PM** BHS POPS Concert 4/26**5:00 PM** Radio Daze**6:00 PM** AAC: Fishbowl 256**6:30 PM** BHS POPS Concert 4/25**7:30 PM** Alumni and Friends of BHS**8:00 PM** Tap for Sap for Syrup**8:30 PM** Talk About Jazz**9:00 PM** Gallery @ BMC**9:30 PM** Hot Topics**10:00 PM** BHS Sports TV

**Belmont Media Center Program Schedule****May 13 - 19, 2024****Saturday, May 17, 2024****CH 8/28 Gov & Ed TV**

- 9:00 AM** BMHS Building Cmte 4/11
- 12:00 PM** School Committee 5/7
- 3:30 PM** Municipal Light Board 5/15
- 6:00 PM** Warrant Committee 5/15
- 8:30 PM** BHS Sports TV

**CH 9/29 Public TV**

- 10:00 AM** Reeling..Movie Review Show
- 10:30 AM** BSC: Qigong Yoga
- 11:30 AM** BSC: Tai Chi
- 12:00 PM** BSC: Aerobics
- 12:30 PM** BSC: Zumba
- 1:30 PM** BSC: Core
- 2:00 PM** BSC: Strength & Flexibility
- 2:30 PM** SPOA Housing Policy
- 3:30 PM** Talk About Jazz
- 4:00 PM** Alumni and Friends of BHS
- 4:30 PM** On the Job
- 5:00 PM** Hot Topics
- 5:30 PM** Contemporary Science Issues
- 6:00 PM** Belmont Connects
- 6:30 PM** Belmont Business Spotlight
- 7:00 PM** Belmont Journal
- 7:30 PM** Gallery @ BMC
- 8:00 PM** Tap for Sap for Syrup
- 8:30 PM** BHS POPS Concert 4/25
- 9:30 PM** BHS POPS Concert 4/26

**CH 6/30 Info TV**

- 1:00 PM** Belmont Journal/News Now
- 1:30 PM** Connect
- 2:00 PM** MA House of Representatives
- 4:00 PM** Racism 101
- 6:00 PM** Belmont Journal/News Now

**CH 2130 HD TV**

- 12:00 AM** Public Domain Horror/Sci-Fi
- 5:00 AM** Democracy Now
- 10:00 AM** Science for the Public
- 12:00 PM** Belmont Journal/News Now
- 1:00 PM** Belmont Historical Society
- 2:00 PM** Public Access Variety
- 6:00 PM** BHS Sports TV
- 11:00 PM** Belmont Journal/News Now

**Sunday, May 18, 2024****CH 8/28 Gov & Ed TV**

- 8:00 AM** Municipal Light Board 5/15
- 11:00 AM** Select Board 5/13
- 3:00 PM** BHS Sports TV
- 7:00 PM** Zoning Board of Appeals 4/1
- 8:30 PM** BHS POPS Concert 4/25
- 9:30 PM** BHS POPS Concert 4/26
- 11:00 PM** Warrant Committee 5/15

**CH 9/29 Public TV**

- 8:30 AM** Church of God
- 9:00 PM** Heritage Park Baptist Church
- 10:30 AM** New Roads Mass (Live)
- 12:00 PM** United Methodist Church
- 1:00 PM** Tap for Sap for Syrup
- 1:30 PM** BHS POPS Concert 4/25
- 2:30 PM** BHS POPS Concert 4/26
- 4:00 PM** Heritage Park Baptist Church
- 5:00 PM** Belmont Journal/News Now
- 5:30 PM** United Methodist Church
- 6:30 PM** Belmont Connects
- 7:00 PM** BHS Sports TV

**CH 6/30 Info TV**

- 1:00 PM** Belmont Journal/News Now
- 1:30 PM** Connect
- 2:00 PM** MA House of Representatives
- 4:00 PM** Racism 101
- 6:00 PM** Belmont Journal/News Now

**CH 2130 HD TV**

- 12:00 AM** Public Domain Horror/Sci-Fi
- 5:00 AM** Democracy Now
- 10:00 AM** Public Access Variety
- 2:00 PM** Belmont Journal/News Now
- 3:00 PM** Belmont Historical Society
- 4:00 PM** BHS Sports TV
- 9:00 PM** Science for the Public
- 11:00 PM** Belmont Journal/News Now