



# Belmont Media Center Program Schedule

Comcast: Channel 8, 9, 6

Verizon: Channel 28, 29, 30, 2130

March 3 - 9, 2025

[www.belmontmedia.org/watch](http://www.belmontmedia.org/watch)

## Monday, March 3, 2025

### CH 8/28 Gov & Ed TV

- 9:00 AM Planning Board 2/27
- 11:00 AM BMS Winter Concert
- 12:00 PM BHS Building Cmte 1/23
- 2:30 PM Warrant Committee 2/26
- 4:00 PM Rink Building Cmte 2/19
- 5:30 PM Select Board (Live)
- 7:00 PM Town Meeting (Live)

### CH 9/29 Public TV

- 9:30 AM BMS Winter Concert
- 10:30 AM On the Job
- 11:00 AM Stuffed Dates
- 11:30 AM Kitchen to Kitchen
- 12:00 PM Dracut Arts
- 12:30 PM Science for the Public
- 1:30 PM BCAA Chinese New Year Gala
- 4:30 PM Belmont Business Spotlight
- 5:00 PM BHS Sports TV
- 9:00 PM Belmont Journal/News Now
- 9:30 PM Hot Topics
- 10:00 PM SPOA Housing Policy

### CH 6/30 Info TV

- 6:00 AM Belmont Journal/News Now
- 6:30 AM The DNA of the News
- 7:00 AM Africa News Live
- 8:00 AM Democracy Now
- 9:00 AM Al Jazeera News
- 10:00 AM Deutsche Welle News
- 11:00 AM France 24 News
- 1:00 PM Belmont Journal/News Now
- 1:30 PM Connect
- 2:00 PM MA House of Representatives
- 4:30 PM Gov. Healey Conference
- 5:00 PM Belmont Journal/News Now
- 5:30 PM DNA of the News
- 6:00 PM Democracy Now
- 7:00 PM Al Jazeera News
- 8:00 PM Africa News Live
- 9:00 PM Deutsche Welle News
- 10:00 PM France 24 News
- 12:00 AM Democracy Now

### CH 2130 HD TV

- 9:30 AM SPOA Housing Policy
- 10:30 AM On the Job
- 11:00 AM Talk About Jazz
- 11:30 AM Breakfast Can Be Healthy
- 12:00 PM Belmont Journal/News Now
- 12:30 PM Science for the Public
- 1:30 PM Kitchen to Kitchen
- 2:00 PM Henry's Baseball Show
- 2:30 PM Belmont Author Spotlight
- 3:00 PM Woman's Club: The Wellingtons
- 4:30 PM Stuffed Dates
- 5:30 PM Select Board (Live)
- 7:00 PM Town Meeting (Live)

## Tuesday, March 4, 2025

### CH 8/28 Gov & Ed TV

- 9:00 AM BMHS Building Cmte 1/23
- 10:30 AM Library Building Cmte 2/11
- 12:00 PM Planning Board 2/25
- 3:30 PM BMS Winter Concert
- 4:30 PM Planning Board 2/27
- 6:30 PM School Committee 2/25

### CH 9/29 Public TV

- 9:00 AM BSC: Core
- 10:00 AM BSC: Strength & Flexibility
- 11:00 AM BSC: Aerobics
- 12:00 PM BSC: Tai Chi
- 12:30 PM BSC: Low Impact Fitness
- 1:30 PM Talk About Jazz
- 2:00 PM Belmont Town Election 2025
- 2:30 PM Henry's Baseball Show
- 3:00 PM Pesto for Pasta
- 3:30 PM Stuffed Dates

### CH 6/30 Info TV

- 6:00 AM Belmont Journal/News Now
- 6:30 AM The DNA of the News
- 7:00 AM Africa News Live
- 8:00 AM Democracy Now
- 9:00 AM Al Jazeera News
- 10:00 AM Deutsche Welle News
- 11:00 AM France 24 News
- 1:00 PM Belmont Journal/News Now
- 1:30 PM Connect
- 2:00 PM MA House of Representatives

### CH 2130 HD TV

- 9:00 AM BCAA Chinese New Year Gala
- 11:30 AM BHS Sports
- 2:00 PM SPOA Housing Policy
- 3:00 PM Science for the Public
- 4:00 PM Gallery @ BMC
- 4:30 PM Belmont Journal/News Now
- 5:00 PM Belmont Town Election 2025
- 5:30 PM Belmont Author Spotlight
- 6:00 PM Kitchen to Kitchen
- 6:30 PM School Committee 2/25

**Belmont Media Center Program Schedule****March 3 - 9, 2025**

<b>4:00 PM</b> Radio Daze	<b>4:30 PM</b> Gov. Healey Conference
<b>5:00 PM</b> Hot Topics	<b>5:00 PM</b> Belmont Journal/News Now
<b>5:30 PM</b> Belmont Author Spotlight	<b>5:30 PM</b> The DNA of the News
<b>6:00 PM</b> Reeling...The Movie Review Show	<b>6:00 PM</b> Democracy Now
<b>6:30 PM</b> SPOA Housing Policy	<b>7:00 PM</b> Al Jazeera News
<b>7:30 PM</b> Kitchen to Kitchen	<b>8:00 PM</b> Africa News Live
<b>8:00 PM</b> Gallery @ BMC	<b>9:00 PM</b> Deutsche Welle News
<b>8:30 PM</b> Science for the Public	<b>10:00 PM</b> France 24 News
<b>9:30 PM</b> Belmont Business Spotlight	<b>12:00 AM</b> Democracy Now
<b>10:00 PM</b> Belmont Journal/News Now	
<b>10:30 PM</b> BMS Winter Concert	

**Wednesday, March 5, 2025****CH 8/28 Gov & Ed TV**

**7:30 AM** Municipal Light Board 2/10  
**9:30 AM** Rink Building Cmte 2/19  
**11:00 AM** Town Meeting 3/3  
**3:00 PM** Zoning Board of Appeals 2/3  
**5:30 PM** Select Board (Live)  
**7:30 PM** Town Meeting 3/3

**CH 9/29 Public TV**

**10:00 AM** BSC: Yoga Dance  
**11:00 AM** BSC: Low Impact Fitness  
**12:00 PM** BMS Winter Concert  
**1:00 PM** Breakfast Can Be Healthy  
**1:30 PM** Welcome to The Belmont Voice  
**2:00 PM** Radio Daze  
**3:00 PM** Stuffed Dates  
**3:30 PM** Henry's Baseball Show  
**4:00 PM** Reeling...The Movie Review  
**4:30 PM** On the Job  
**5:30 PM** Science for the Public  
**6:30 PM** Woman's Club: The Wellingtons  
**8:00 PM** Talk About Jazz  
**8:30 PM** Gallery @ BMC  
**9:00 PM** Belmont Author Spotlight  
**9:30 PM** Belmont Journal/News Now  
**10:00 PM** BCAA Chinese New Year Gala

**CH 6/30 Info TV**

**6:00 AM** Belmont Journal/News Now  
**6:30 AM** The DNA of the News  
**7:00 AM** Africa News Live  
**8:00 AM** Democracy Now  
**9:00 AM** Al Jazeera News  
**10:00 AM** Deutsche Welle News  
**11:00 AM** France 24 News  
**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Connect  
**2:00 PM** MA House of Representatives  
**4:30 PM** Gov. Healey Conference  
**5:00 PM** Belmont Journal/News Now  
**5:30 PM** The DNA of the News  
**6:00 PM** Democracy Now  
**7:00 PM** Al Jazeera News  
**8:00 PM** Africa News Live  
**9:00 PM** Deutsche Welle News  
**10:00 PM** France 24 News  
**12:00 AM** Democracy Now

**CH 2130 HD TV**

**7:30 AM** Municipal Light Board 2/10  
**11:00 AM** Hot Topics  
**11:30 AM** BHS Sports  
**2:00 PM** Talk About Jazz  
**2:30 PM** Belmont Author Spotlight  
**3:00 PM** Belmont Journal/News Now  
**3:30 PM** Radio Daze  
**4:30 PM** Science for the Public  
**5:30 PM** Select Board (Live)  
**7:30 PM** Town Meeting 3/3

**Thursday, March 6, 2025****CH 8/28 Gov & Ed TV**

**8:30 AM** BMHS Building Cmte 1/23  
**10:00 AM** Planning Board 2/27

**CH 9/29 Public TV**

**9:00 AM** BSC: Tai Chi  
**9:30 AM** BSC: Core

**CH 6/30 Info TV**

**6:00 AM** Belmont Journal/News Now  
**6:30 AM** The DNA of the News

**CH 2130 HD TV**

**8:30 AM** BMHS Building Cmte 1/23  
**12:00 PM** BCAA Chinese New Year Gala

**Belmont Media Center Program Schedule**

**March 3 - 9, 2025**

**12:00 PM** School Committee 2/25  
**3:30 PM** Municipal Light Board 2/10  
**5:30 PM** Rink Building Cmte 2/19  
**7:00 PM** Select Board Debate  
**8:00 PM** Town Moderator Debate  
**9:00 PM** School Committee Debate  
**10:00 PM** Library Trustees Debate  
**11:00 PM** Board of Health Debate  
**11:30 PM** Meet the Candidates

**10:00 AM** BSC: Aerobics  
**10:30 AM** BSC: Zumba  
**11:30 AM** BSC: Qigong  
**12:30 PM** BSC: Stand Up  
**1:30 PM** Dracut Arts  
**2:00 PM** BSC: Winter Safety  
**2:30 PM** BSC: Homefit  
**3:30 PM** Gallery @ BMC  
**4:00 PM** BCAA Chinese New Year  
**6:30 PM** Reeling...Movie Review Show  
**7:00 PM** Radio Daze  
**8:00 PM** Hot Topics  
**8:30 PM** Belmont Business Spotlight  
**9:00 PM** Belmont Journal/News Now  
**9:30 PM** Talk About Jazz  
**10:00 PM** Welcome to the Belmont Voice  
**10:30 PM** SPOA Housing Policy

**7:00 AM** Africa News Live  
**8:00 AM** Democracy Now  
**9:00 AM** Al Jazeera News  
**10:00 AM** Deutsche Welle News  
**11:00 AM** France 24 News  
**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Connect  
**2:00 PM** MA House of Representatives  
**4:30 PM** Gov. Healey Conference  
**5:00 PM** Belmont Journal/News Now  
**5:30 PM** The DNA of the News  
**6:00 PM** Democracy Now  
**7:00 PM** Al Jazeera News  
**8:00 PM** Africa News Live  
**9:00 PM** Deutsche Welle News  
**10:00 PM** France 24 News  
**12:00 AM** Democracy Now

**2:30 PM** Radio Daze  
**3:30 PM** BMS Winter Concert  
**5:00 PM** Gallery @ BMC  
**5:30 PM** Woman's Club: The Wellingtons  
**7:00 PM** Belmont Town Election 2025  
**7:30 PM** Belmont Journal/News Now  
**8:00 PM** Hot Topics  
**8:30 PM** Belmont Business Spotlight  
**9:00 PM** Library Trustees Debate  
**10:00 PM** Board of Health Debate  
**10:30 PM** Select Board Debate  
**11:30 PM** School Committee Debate

**Friday, March 7, 2025**

**CH 8/28 Gov & Ed TV**  
**8:30 AM** Zoning Board of Appeals 2/3  
**11:00 AM** School Committee 2/25  
**2:30 PM** Belmont Town Election 2025  
**3:30 PM** Planning Board 2/25  
**7:00 PM** School Committee Debate  
**8:00 PM** Select Board Debate  
**9:00 PM** Board of Health Debate  
**9:30 PM** Library Trustees Debate  
**10:30 PM** Town Moderator Debate  
**11:30 PM** Meet the Candidates

**CH 9/29 Public TV**  
**10:30 AM** Historical Society: Plaques  
**12:00 PM** Breakfast Can Be Healthy  
**12:30 PM** Pesto for Pasta  
**1:00 PM** MLK Breakfast  
**2:30 PM** Dracut Arts  
**3:00 PM** Reeling...Movie Review Show  
**3:30 PM** On the Job  
**4:00 PM** Radio Daze  
**5:00 PM** Henry's Baseball Show  
**5:30 PM** Belmont Author Spotlight  
**6:00 PM** Woman's Club: The Wellingtons  
**7:30 PM** Kitchen to Kitchen  
**8:00 PM** Gay USA  
**9:00 PM** Gallery @ BMC  
**9:30 PM** Belmont Business Spotlight  
**10:00 PM** Belmont Journal/News Now  
**10:30 PM** BMS Winter Concert

**CH 6/30 Info TV**  
**6:00 AM** Belmont Journal/News Now  
**6:30 AM** The DNA of the News  
**7:00 AM** Africa News Live  
**8:00 AM** Democracy Now  
**9:00 AM** Al Jazeera News  
**10:00 AM** Deutsche Welle News  
**11:00 AM** France 24 News  
**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Connect  
**2:00 PM** MA House of Representatives  
**4:30 PM** Gov. Healey Conference  
**5:00 PM** Belmont Journal/News Now  
**5:30 PM** The DNA of the News  
**6:00 PM** Democracy Now  
**7:00 PM** Al Jazeera News  
**8:00 PM** Africa News Live  
**9:00 PM** Deutsche Welle News  
**10:00 PM** France 24 News

**CH 2130 HD TV**  
**11:30 AM** Historical Society: Plaques  
**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Belmont Business Spotlight  
**2:00 PM** BMS Winter Concert  
**3:00 PM** Kitchen to Kitchen  
**3:30 PM** Woman's Club: Wellingtons  
**5:00 PM** Radio Daze  
**6:00 PM** BCAA Chinese New Year Gala  
**8:30 PM** Talk About Jazz  
**9:00 PM** Gallery @ BMC  
**9:30 PM** Hot Topics  
**10:00 PM** BHS Sports TV

**Belmont Media Center Program Schedule****March 3 - 9, 2025****12:00 AM** Democracy Now**Saturday, March 8, 2025****CH 8/28 Gov & Ed TV**

**9:00 AM** BMHS Building Cmte 1/23  
**12:00 PM** School Committee 2/25  
**3:30 PM** Municipal Light Board 2/10  
**6:00 PM** Warrant Committee 2/26  
**8:00 PM** Belmont Town Election 2025  
**8:30 PM** BHS Sports TV

**CH 9/29 Public TV**

**10:00 AM** Reeling..Movie Review Show  
**10:30 AM** BSC: Qigong Yoga  
**11:30 AM** BSC: Tai Chi  
**12:00 PM** BSC: Aerobics  
**12:30 PM** BSC: Zumba  
**1:30 PM** BSC: Core  
**2:00 PM** BSC: Strength & Flexibility  
**2:30 PM** SPOA Housing Policy  
**3:30 PM** Talk About Jazz  
**4:00 PM** Belmont Author Spotlight  
**4:30 PM** Kitchen to Kitchen  
**5:00 PM** Hot Topics  
**5:30 PM** Science for the Public  
**6:30 PM** Belmont Business Spotlight  
**7:00 PM** Belmont Journal  
**7:30 PM** Gallery @ BMC  
**8:00 PM** Woman's Club: The Wellingtons  
**9:30 PM** BCAA Chinese New Year Gala

**CH 6/30 Info TV**

**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Connect  
**2:00 PM** MA House of Representatives  
**4:30 PM** Gov. Healey Conference  
**5:00 PM** Belmont Journal/News Now  
**7:00 PM** Meet the Candidates  
**8:00 PM** Board of Health Debate  
**8:30 PM** Library Trustees Debate  
**9:30 PM** Town Moderator Debate  
**10:30 PM** Select Board Debate  
**11:30 PM** School Committee Debate

**CH 2130 HD TV**

**12:00 AM** Public Domain Horror/Sci-Fi  
**5:00 AM** Democracy Now  
**10:00 AM** Science for the Public  
**12:00 PM** Belmont Journal/News Now  
**1:00 PM** Belmont Historical Society  
**2:00 PM** Public Access Variety  
**6:00 PM** BHS Sports TV  
**11:00 PM** Belmont Journal/News Now

**Sunday, March 9, 2025****CH 8/28 Gov & Ed TV**

**8:00 AM** Municipal Light Board 2/10  
**11:00 AM** Town Meeting 3/3  
**3:00 PM** BHS Sports TV  
**7:00 PM** Zoning Board of Appeals 2/3  
**9:30 PM** Warrant Committee 2/26

**CH 9/29 Public TV**

**8:30 AM** Church of God  
**9:00 PM** Heritage Park Baptist Church  
**10:30 AM** New Roads Mass (Live)  
**12:00 PM** United Methodist Church  
**1:00 PM** BCAA Chinese New Year  
**4:00 PM** Heritage Park Baptist Church  
**5:00 PM** Belmont Journal/News Now  
**5:30 PM** United Methodist Church  
**7:00 PM** BHS Sports TV

**CH 6/30 Info TV**

**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Connect  
**2:00 PM** MA House of Representatives  
**4:30 PM** Gov. Healey Conference  
**5:00 PM** Belmont Journal/News Now  
**7:00 PM** Town Moderator Debate  
**8:00 PM** School Committee Debate  
**9:00 PM** Meet the Candidates  
**10:00 PM** Select Board Debate  
**11:00 PM** Board of Health Debate  
**11:30 PM** Library Trustees Debate

**CH 2130 HD TV**

**12:00 AM** Public Domain Horror/Sci-Fi  
**5:00 AM** Democracy Now  
**10:00 AM** Public Access Variety  
**2:00 PM** Belmont Journal/News Now  
**3:00 PM** Belmont Historical Society  
**4:00 PM** BHS Sports TV  
**9:00 PM** Science for the Public  
**11:00 PM** Belmont Journal/News Now