



# Belmont Media Center Program Schedule

Comcast: Channel 8, 9, 6

Verizon: Channel 28, 29, 30, 2130

## March 16 - 22, 2026

[www.belmontmedia.org/watch](http://www.belmontmedia.org/watch)

### Monday, March 16, 2026

#### CH 8/28 Gov & Ed TV

- 10:30 AM Town Meeting 3/4
- 2:30 PM Warrant Committee 3/5
- 6:00 PM Select Board 3/9
- 9:00 PM Select Board 3/11

#### CH 9/29 Public TV

- 10:30 AM On the Job
- 11:00 AM Kitchen to Kitchen
- 12:00 PM Dracut Arts
- 12:30 PM Science for the Public
- 1:00 PM BCAA Chinese New Year Gala
- 4:30 PM Belmont Business Spotlight
- 5:00 PM BHS Sports TV
- 9:00 PM Belmont Journal/News Now
- 9:30 PM Hot Topics
- 10:00 PM SPOA Housing Policy
- 11:00 PM The Night Shift

#### CH 6/30 Info TV

- 7:00 AM Belmont Journal/News Now
- 7:30 AM The DNA of the News
- 8:00 AM Democracy Now
- 10:00 AM Classic Arts Showcase
- 1:00 PM Belmont Journal/News Now
- 1:30 PM Connect
- 2:00 PM MA House of Representatives
- 5:00 PM Belmont Journal/News Now
- 5:30 PM DNA of the News
- 6:00 PM Democracy Now
- 7:00 PM Classic Arts Showcase

#### CH 2130 HD TV

- 9:30 AM SPOA Housing Policy
- 10:30 AM On the Job
- 11:00 AM Talk About Jazz
- 12:00 PM Belmont Journal/News Now
- 12:30 PM Science for the Public
- 1:00 PM Kitchen to Kitchen
- 1:30 PM BHS Wind Ensemble 2/12
- 2:30 PM Belmont Author Spotlight
- 3:00 PM Belmont Historical: 1st Church
- 4:30 PM 4th Grade & BHS Chorus 1/21
- 6:00 PM Select Board 3/9

### Tuesday, March 17, 2026

#### CH 8/28 Gov & Ed TV

- 9:30 AM Town Meeting 3/5
- 12:00 PM Planning Board 3/10
- 3:30 PM 4th Grade & BHS Chorus 1/21
- 4:30 PM BHS Wind Ensemble 2/12
- 5:30 PM National Honor Society Ceremony
- 6:30 PM School Committee 3/10

#### CH 9/29 Public TV

- 9:00 AM BSC: Core
- 10:00 AM BSC: Strength & Flexibility
- 11:00 AM BSC: Aerobics
- 12:00 PM BSC: Tai Chi
- 12:30 PM BSC: Low Impact Fitness
- 1:30 PM Talk About Jazz
- 2:30 PM Belmont Historical: 1st Church
- 4:00 PM Radio Daze
- 5:00 PM Belmont Author Spotlight
- 5:30 PM Reeling...The Movie Review
- 6:00 PM SPOA Housing Policy
- 7:00 PM Shen Yun
- 7:30 PM Kitchen to Kitchen
- 8:00 PM Hot Topics
- 8:30 PM Science for the Public
- 9:30 PM Belmont Business Spotlight
- 10:00 PM Belmont Journal/News Now
- 10:30 PM National Honor Society Ceremony

#### CH 6/30 Info TV

- 7:00 AM Belmont Journal/News Now
- 7:30 AM The DNA of the News
- 8:00 AM Democracy Now
- 10:00 AM Classic Arts Showcase
- 1:00 PM Belmont Journal/News Now
- 1:30 PM Connect
- 2:00 PM MA House of Representatives
- 5:00 PM Belmont Journal/News Now
- 5:30 PM DNA of the News
- 6:00 PM Democracy Now
- 7:00 PM Planning Board (Live)

#### CH 2130 HD TV

- 7:30 AM BCAA Chinese New Year Gala
- 11:00 AM BHS Sports
- 1:30 PM SPOA Housing Policy
- 2:30 PM Shen Yun
- 3:00 PM Science for the Public
- 4:00 PM Belmont Author Spotlight
- 4:30 PM Belmont Journal/News Now
- 5:00 PM Belmont Business Spotlight
- 5:30 PM Kitchen to Kitchen
- 6:30 PM School Committee 3/10

## Wednesday, March 18, 2026

**CH 8/28 Gov & Ed TV**

**7:30 AM** Municipal Light Board 3/12  
**11:00 AM** Select Board 3/9  
**3:00 PM** Zoning Board of Appeals 3/2  
**5:00 PM** National Honor Society Ceremony  
**6:30 PM** BHS Wind Ensemble  
**7:30 PM** Warrant Committee (Live)

**CH 9/29 Public TV**

**10:00 AM** BSC: Yoga Dance  
**11:00 AM** BSC: Low Impact Fitness  
**12:00 PM** BHS Wind Ensemble 2/12  
**1:00 PM** 4th Grade & BHS Chorus  
**2:00 PM** Radio Daze  
**3:00 PM** Belmont Historical: 1st Church  
**4:30 PM** On the Job  
**5:00 PM** Reeling...The Movie Review  
**5:30 PM** Science for the Public  
**6:00 PM** Shen Yun  
**6:30 PM** National Honor Society  
**7:30 PM** MLK Breakfast  
**9:00 PM** Belmont Author Spotlight  
**9:30 PM** Belmont Journal/News Now  
**10:00 PM** Belmont Stories

**CH 6/30 Info TV**

**7:00 AM** Belmont Journal/News Now  
**7:30 AM** The DNA of the News  
**8:00 AM** Democracy Now  
**10:00 AM** Classic Arts Showcase  
**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Connect  
**2:00 PM** MA House of Representatives  
**5:00 PM** Belmont Journal/News Now  
**5:30 PM** DNA of the News  
**6:00 PM** Democracy Now  
**7:00 PM** Classic Arts Showcase

**CH 2130 HD TV**

**7:30 AM** Municipal Light Board 3/12  
**11:00 AM** Hot Topics  
**11:30 AM** BHS Sports  
**1:30 PM** Talk About Jazz  
**2:30 PM** Belmont Author Spotlight  
**3:00 PM** Belmont Journal/News Now  
**3:30 PM** Radio Daze  
**4:30 PM** Science for the Public  
**5:00 PM** National Honor Society  
**6:30 PM** BHS Wind Ensemble  
**7:30 PM** Warrant Committee (Live)

## Thursday, March 19, 2026

**CH 8/28 Gov & Ed TV**

**9:00 AM** Select Board (Live)  
**12:00 PM** School Committee 3/10  
**3:30 PM** Municipal Light Board 3/12  
**6:00 PM** National Honor Society Ceremony  
**7:00 PM** Town Moderator Debate  
**8:00 PM** News Now: Candidates  
**8:30 PM** Candidate Spots  
**9:00 PM** Speak Out Belmont  
**9:30 PM** Town Moderator Debate  
**10:30 PM** Candidate Spots  
**11:00 PM** News Now: Candidates

**CH 9/29 Public TV**

**9:00 AM** BSC: Tai Chi  
**9:30 AM** BSC: Core  
**10:00 AM** BSC: Aerobics  
**10:30 AM** BSC: Zumba  
**11:30 AM** BSC: Qigong  
**12:30 PM** Belmont Historical: 1st Church  
**2:00 PM** National Honor Society  
**3:00 PM** BCAA Chinese New Year Gala  
**6:30 PM** Reeling...Movie Review Show  
**7:00 PM** Radio Daze  
**8:00 PM** Hot Topics  
**8:30 PM** Belmont Business Spotlight  
**9:00 PM** Belmont Journal/News Now  
**9:30 PM** Talk About Jazz  
**10:00 PM** SPOA Housing Policy

**CH 6/30 Info TV**

**7:00 AM** Belmont Journal/News Now  
**7:30 AM** The DNA of the News  
**8:00 AM** Democracy Now  
**10:00 AM** Classic Arts Showcase  
**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Connect  
**2:00 PM** MA House of Representatives  
**5:00 PM** Belmont Journal/News Now  
**5:30 PM** DNA of the News  
**6:00 PM** Democracy Now  
**7:00 PM** Classic Arts Showcase

**CH 2130 HD TV**

**9:00 AM** Select Board (Live)  
**11:00 AM** BCAA Chinese New Year Gala  
**2:30 PM** Radio Daze  
**3:30 PM** Talk About Jazz  
**4:00 PM** Belmont Historical: 1st Church  
**5:30 PM** MLK Breakfast  
**7:30 PM** Belmont Journal/News Now  
**8:00 PM** Hot Topics  
**8:30 PM** Belmont Business Spotlight  
**9:00 PM** SPOA Housing Policy  
**10:00 PM** BHS Sports

**Belmont Media Center Program Schedule****March 16 - 22, 2026****11:00 PM** The Night Shift**Friday, March 20, 2026****CH 8/28 Gov & Ed TV**

**9:00 AM** Zoning Board of Appeals 3/2  
**11:00 AM** School Committee 3/10  
**2:30 PM** BHS Wind Ensemble 2/12  
**3:30 PM** Planning Board 3/10  
**7:00 PM** Candidate Spots  
**7:30 PM** News Now Candidates  
**8:00 PM** Town Moderator Debate  
**9:00 PM** Candidate Spots  
**9:30 PM** Speak Out Belmont  
**10:00 PM** News Now Candidates  
**10:30 PM** Town Moderator Debate

**CH 9/29 Public TV**

**11:00 AM** BCAA Chinese New Year Gala  
**2:30 PM** Dracut Arts  
**3:00 PM** Reeling...Movie Review Show  
**3:30 PM** On the Job  
**4:00 PM** Radio Daze  
**5:00 PM** Belmont Author Spotlight  
**5:30 PM** MLK Breakfast  
**7:00 PM** Kitchen to Kitchen  
**8:00 PM** Gay USA  
**9:00 PM** Talk About Jazz  
**9:30 PM** Belmont Business Spotlight  
**10:00 PM** Belmont Journal/News Now  
**10:30 PM** Belmont Historical: 1st Church

**CH 6/30 Info TV**

**7:00 AM** Belmont Journal/News Now  
**7:30 AM** The DNA of the News  
**8:00 AM** Democracy Now  
**10:00 AM** Classic Arts Showcase  
**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Connect  
**2:00 PM** MA House of Representatives  
**5:00 PM** Belmont Journal/News Now  
**5:30 PM** DNA of the News  
**6:00 PM** Democracy Now  
**7:00 PM** Classic Arts Showcase

**CH 2130 HD TV**

**10:00 AM** BHS Wind Ensemble 2/12  
**11:30 AM** Belmont Historical: 1st Church  
**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Belmont Business Spotlight  
**2:00 PM** National Honor Society  
**3:00 PM** Kitchen to Kitchen  
**3:30 PM** Talk About Jazz  
**4:00 PM** Radio Daze  
**5:00 PM** BCAA Chinese New Year Gala  
**8:30 PM** MLK Breakfast  
**10:00 PM** BHS Sports TV

**Saturday, March 21, 2026****CH 8/28 Gov & Ed TV**

**11:00 AM** National Honor Society Ceremony  
**12:00 PM** School Committee 3/10  
**3:30 PM** Municipal Light Board 3/12  
**6:00 PM** Warrant Committee 3/18  
**8:30 PM** BHS Sports TV

**CH 9/29 Public TV**

**10:00 AM** Reeling..Movie Review Show  
**10:30 AM** BSC: Qigong Yoga  
**11:30 AM** BSC: Tai Chi  
**12:00 PM** BSC: Aerobics  
**12:30 PM** BSC: Zumba  
**1:30 PM** BSC: Core  
**2:00 PM** SPOA Housing Policy  
**3:00 PM** Shen Yun  
**3:30 PM** Talk About Jazz  
**4:00 PM** Belmont Author Spotlight  
**4:30 PM** Kitchen to Kitchen  
**5:30 PM** Science for the Public  
**6:30 PM** Belmont Business Spotlight  
**7:00 PM** Belmont Journal/News Now  
**7:30 PM** MLK Breakfast

**CH 6/30 Info TV**

**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Connect  
**2:00 PM** MA House of Representatives  
**5:00 PM** Belmont Journal/News Now  
**7:00 PM** Town Moderator Debate  
**8:00 PM** News Now Candidates  
**8:30 PM** Candidate Spots  
**9:00 PM** Speak Out Belmont  
**9:30 PM** News Now Candidates  
**10:00 PM** Town Moderator Debate

**CH 2130 HD TV**

**12:00 AM** Public Domain Horror/Sci-Fi  
**5:00 AM** Democracy Now  
**10:00 AM** Science for the Public  
**12:00 PM** Belmont Journal/News Now  
**1:00 PM** Belmont Historical Society  
**2:00 PM** Public Access Variety  
**6:00 PM** BHS Sports TV  
**11:00 PM** Belmont Journal/News Now

**Belmont Media Center Program Schedule****March 16 - 22, 2026****9:00 PM** BCAA Chinese New Year Gala**Sunday, March 22, 2026****CH 8/28 Gov & Ed TV**

**8:30 AM** Municipal Light Board 3/12  
**11:00 AM** Select Board 3/19  
**3:00 PM** BHS Sports TV  
**7:00 PM** Zoning Board of Appeals 3/2  
**9:00 PM** Warrant Committee 3/18

**CH 9/29 Public TV**

**8:30 AM** Church of God  
**9:00 PM** Heritage Park Baptist Church  
**11:00 AM** New Roads Mass (Live)  
**12:30 PM** United Methodist Church  
**2:00 PM** MLK Breakfast  
**3:30 PM** Heritage Park Baptist Church  
**5:00 PM** Belmont Journal/News Now  
**5:30 PM** United Methodist Church  
**6:30 PM** Shen Yun  
**7:00 PM** BHS Sports TV

**CH 6/30 Info TV**

**1:00 PM** Belmont Journal/News Now  
**1:30 PM** Connect  
**2:00 PM** MA House of Representatives  
**5:00 PM** Belmont Journal/News Now  
**7:00 PM** Town Moderator Debate  
**8:00 PM** News Now Candidates  
**8:30 PM** Candidate Spots  
**9:00 PM** Speak Out Belmont  
**9:30 PM** News Now Candidates  
**10:00 PM** Town Moderator Debate

**CH 2130 HD TV**

**12:00 AM** Public Domain Horror/Sci-Fi  
**5:00 AM** Democracy Now  
**10:00 AM** Public Access Variety  
**2:00 PM** Belmont Journal/News Now  
**3:00 PM** Belmont Historical Society  
**4:00 PM** BHS Sports TV  
**9:00 PM** Science for the Public  
**11:00 PM** Belmont Journal/News Now