

# **Belmont Media Center Program Schedule**

Comcast: Channel 8, 9, 6

Verizon: Channel 28, 29, 30, 2130

# March 10 - 16, 2025

www.belmontmedia.org/watch

# Monday, March 10, 2025 CH 8/28 Gov & Ed TV

9:30 AM Library Building Cmte 2/11 11:00 AM BMS Winter Concert 12:00 PM BHS Building Cmte 1/23 2:30 PM Warrant Committee 2/26 4:00 PM Rink Building Cmte 2/19 5:30 PM Select Board 3/5 7:00 PM Zoning Board of Appeals (Live) CH 9/29 Public TV 9:30 AM BMS Winter Concert 10:30 AM On the Job 11:00 AM Stuffed Dates 11:30 AM Kitchen to Kitchen 12:00 PM Dracut Arts 12:30 PM Science for the Public 1:30 PM BCAA Chinese New Year Gala 4:30 PM Belmont Business Spotlight 5:00 PM BHS Sports TV 9:00 PM Belmont Journal/News Now 9:30 PM Hot Topics 10:00 PM SPOA Housing Policy

СН 6/30	Info TV
6:00 AM	Belmont Journal/News Now
6:30 AM	The DNA of the News
7:00 AM	Africa News Live
8:00 AM	Democracy Now
9:00 AM	Al Jazeera News
10:00 AM	Deutsche Welle News
11:00 AM	France 24 News
1:00 PM	Belmont Journal/News Now
1:30 PM	Connect
2:00 PM	MA House of Representatives
4:30 PM	Gov. Healey Conference
5:00 PM	Belmont Journal/News Now
5:30 PM	DNA of the News
6:00 PM	Democracy Now
7:00 PM	Al Jazeera News
8:00 PM	Africa News Live
9:00 PM	Deutsche Welle News
10:00 PM	France 24 News
12:00 AM	Democracy Now

### CH 2130 HD TV

9:30 AM SPOA Housing Policy 10:30 AM On the Job 11:00 AM Talk About Jazz 11:30 AM Breakfast Can Be Healthy 12:00 PM Belmont Journal/News Now 12:30 PM Science for the Public 1:30 PM Kitchen to Kitchen 2:00 PM Henry's Baseball Show 2:30 PM Belmont Author Spotlight 3:00 PM Woman's Club: The Wellingtons 4:30 PM Stuffed Dates 5:30 PM Select Board 3/5 7:00 PM Zoning Board of Appeals (Live)

# Tuesday, March 11, 2025

# CH 8/28 Gov & Ed TV 9:00 AM BMHS Building Cmte 1/23 **10:30 AM** Library Building Cmte 2/11 12:00 PM Planning Board 2/25 3:30 PM BMS Winter Concert

4:30 PM Rink Building Cmte 2/19 6:30 PM School Committee (Live)

## Public TV 9:00 AM BSC: Core

10:00 AM BSC: Strength & Flexibility 11:00 AM BSC: Aerobics 12:00 PM BSC: Tai Chi 12:30 PM BSC: Low Impact Fitness 1:30 PM Talk About Jazz 2:00 PM Belmont Town Election 2025 2:30 PM Henry's Baseball Show 3:00 PM Pesto for Pasta 3:30 PM Stuffed Dates

CH 9/29

CH 6/30 Info TV 6:00 AM Belmont Journal/News Now 6:30 AM The DNA of the News 7:00 AM Africa News Live 8:00 AM Democracy Now 9:00 AM Al Jazeera News 10:00 AM Deutsche Welle News 11:00 AM France 24 News 1:00 PM Belmont Journal/News Now 1:30 PM Connect **2:00 PM** MA House of Representatives

### CH 2130 HD TV

9:00 AM BCAA Chinese New Year Gala 11:30 AM BHS Sports 2:00 PM SPOA Housing Policy **3:00 PM** Science for the Public 4:00 PM Gallery @ BMC 4:30 PM Belmont Journal/News Now 5:00 PM Belmont Town Election 2025 5:30 PM Belmont Author Spotlight 6:00 PM Kitchen to Kitchen 6:30 PM School Committee (Live)

4:00 PM Radio Daze	4:30 PM Gov. Healey Conference
5:00 PM Hot Topics	5:00 PM Belmont Journal/News Now
5:30 PM Belmont Author Spotlight	5:30 PM The DNA of the News
6:00 PM ReelingThe Movie Review Show	6:00 PM Democracy Now
6:30 PM SPOA Housing Policy	7:00 PM Planning Board (Live)
7:30 PM Kitchen to Kitchen	10:00 PM France 24 News
8:00 PM Gallery @ BMC	12:00 AM Democracy Now
8:30 PM Science for the Public	
9:30 PM Belmont Business Spotlight	
10:00 PM Belmont Journal/News Now	

# Wednesday, March 12, 2025

### CH 8/28 Gov & Ed TV

7:30 AM Municipal Light Board 2/10
9:30 AM Rink Building Cmte 2/19
11:00 AM Town Meeting 3/3
3:00 PM Zoning Board of Appeals 3/10
5:30 PM BMS Winter Concert
7:30 PM Warrant Committee (Live)

### CH 9/29 Public TV

10:30 PM BMS Winter Concert

10:00 AM BSC: Yoga Dance 11:00 AM BSC: Low Impact Fitness 12:00 PM BMS Winter Concert 1:00 PM Breakfast Can Be Healthy 1:30 PM Welcome to The Belmont Voice 2:00 PM Radio Daze 3:00 PM Stuffed Dates 3:30 PM Henry's Baseball Show 4:00 PM Reeling...The Movie Review 4:30 PM On the Job 5:30 PM Science for the Public 6:30 PM Woman's Club: The Wellingtons 8:00 PM Talk About Jazz 8:30 PM Gallery @ BMC 9:00 PM Belmont Author Spotlight 9:30 PM Belmont Journal/News Now 10:00 PM BCAA Chinese New Year Gala

### CH 6/30 Info TV

6:00 AM Belmont Journal/News Now 6:30 AM The DNA of the News 7:00 AM Africa News Live 8:00 AM Democracy Now 9:00 AM Al Jazeera News 10:00 AM Deutsche Welle News 11:00 AM France 24 News 1:00 PM Belmont Journal/News Now 1:30 PM Connect 2:00 PM MA House of Representatives 4:30 PM Gov. Healey Conference 5:00 PM Belmont Journal/News Now 5:30 PM The DNA of the News 6:00 PM Democracy Now 7:00 PM Al Jazeera News 8:00 PM Africa News Live 9:00 PM Deutsche Welle News 10:00 PM France 24 News 12:00 AM Democracy Now

### CH 2130 HD TV

7:30 AM Municipal Light Board 2/10
11:00 AM Hot Topics
11:30 AM BHS Sports
2:00 PM Talk About Jazz
2:30 PM Belmont Author Spotlight
3:00 PM Belmont Journal/News Now
3:30 PM Radio Daze
4:30 PM Science for the Public
5:30 PM Belmont Town Election
6:00 PM Woman's Club: The Wellingtons
7:30 PM Warrant Committee (Live)

### Thursday, March 13, 2025

CH 8/28 Gov & Ed TV 7:30 AM Municipal Light Board (Live) 12:00 PM School Committee 3/11 CH 9/29 Public TV 9:00 AM BSC: Tai Chi 9:30 AM BSC: Core

### CH 6/30 Info TV

6:00 AM Belmont Journal/News Now 6:30 AM The DNA of the News

### CH 2130 HD TV

7:30 AM Municipal Light Board (Live)12:00 PM BCAA Chinese New Year Gala

3:30 PM Municipal Light Board 3/10
5:30 PM Rink Building Cmte 2/19
7:00 PM Select Board Debate
8:00 PM Town Moderator Debate
9:00 PM School Committee Debate
10:00 PM Library Trustees Debate
11:00 PM Board of Health Debate
11:30 PM Meet the Candidates

# Friday, March 14, 2025

CH 8/28Gov & Ed TV8:30 AMZoning Board of Appeals 3/1011:00 AMSchool Committee 3/112:30 PMBelmont Town Election 20253:30 PMPlanning Board 3/117:00 PMSchool Committee Debate8:00 PMSelect Board Debate9:00 PMBoard of Health Debate9:30 PMLibrary Trustees Debate10:30 PMTown Moderator Debate11:30 PMMeet the Candidates

# 10:30 AM BSC: Zumba 11:30 AM BSC: Qigong 12:30 PM BSC: Stand Up 1:30 PM Dracut Arts 2:00 PM BSC: Winter Safety 2:30 PM BSC: Homefit 3:30 PM Gallery @ BMC 4:00 PM BCAA Chinese New Year 6:30 PM Reeling...Movie Review Show 7:00 PM Radio Daze 8:00 PM Hot Topics 8:30 PM Belmont Business Spotlight 9:00 PM Belmont Journal/News Now 9:30 PM Talk About Jazz 10:00 PM Welcome to the Belmont Voice 10:30 PM SPOA Housing Policy

- 7:00 AM Africa News Live 8:00 AM Democracy Now 9:00 AM Al Jazeera News 10:00 AM Deutsche Welle News 11:00 AM France 24 News 1:00 PM Belmont Journal/News Now 1:30 PM Connect 2:00 PM MA House of Representatives 4:30 PM Gov. Healey Conference 5:00 PM Belmont Journal/News Now 5:30 PM The DNA of the News 6:00 PM Democracy Now 7:00 PM Al Jazeera News 8:00 PM Africa News Live 9:00 PM Deutsche Welle News 10:00 PM France 24 News 12:00 AM Democracy Now
- 2:30 PM Radio Daze
  3:30 PM BMS Winter Concert
  5:00 PM Gallery @ BMC
  5:30 PM Woman's Club: The Wellingtons
  7:00 PM Belmont Town Election 2025
  7:30 PM Belmont Journal/News Now
  8:00 PM Hot Topics
  8:30 PM Belmont Business Spotlight
  9:00 PM Library Trustees Debate
  10:00 PM Select Board Debate
  11:30 PM School Committee Debate

### CH 9/29 Public TV

10:00 AM BSC: Aerobics

10:30 AM Historical Society: Plagues 12:00 PM Breakfast Can Be Healthy 12:30 PM Pesto for Pasta 1:00 PM MLK Breakfast 2:30 PM Dracut Arts 3:00 PM Reeling...Movie Review Show 3:30 PM On the Job 4:00 PM Radio Daze 5:00 PM Henry's Baseball Show 5:30 PM Belmont Author Spotlight 6:00 PM Woman's Club: The Wellingtons 7:30 PM Kitchen to Kitchen 8:00 PM Gay USA 9:00 PM Gallery @ BMC 9:30 PM Belmont Business Spotlight 10:00 PM Belmont Journal/News Now 10:30 PM BMS Winter Concert

# CH 6/30 Info TV

6:00 AM Belmont Journal/News Now 6:30 AM The DNA of the News 7:00 AM Africa News Live 8:00 AM Democracy Now 9:00 AM Al Jazeera News 10:00 AM Deutsche Welle News 11:00 AM France 24 News 1:00 PM Belmont Journal/News Now 1:30 PM Connect 2:00 PM MA House of Representatives 4:30 PM Gov. Healey Conference 5:00 PM Belmont Journal/News Now 5:30 PM The DNA of the News 6:00 PM Democracy Now 7:00 PM Al Jazeera News 8:00 PM Africa News Live 9:00 PM Deutsche Welle News 10:00 PM France 24 News

### CH 2130 HD TV

11:30 AM Historical Society: Plaques
1:00 PM Belmont Journal/News Now
1:30 PM Belmont Business Spotlight
2:00 PM BMS Winter Concert
3:00 PM Kitchen to Kitchen
3:30 PM Woman's Club: The Wellingtons
5:00 PM Radio Daze
6:00 PM BCAA Chinese New Year Gala
8:30 PM Talk About Jazz
9:00 PM Gallery @ BMC
9:30 PM Hot Topics
10:00 PM BHS Sports TV

### March 10 - 16, 2025

12:00 AM Democracy Now

# Saturday, March 15, 2025

CH 8/28 Gov & Ed TV
9:00 AM BMHS Building Cmte 1/23
12:00 PM School Committee 3/11
3:30 PM Municipal Light Board 3/13
6:00 PM Warrant Committee 3/12
8:00 PM Belmont Town Election 2025
8:30 PM BHS Sports TV

СН 9/29	Public TV
10:00 AM	ReelingMovie Review Show
10:30 AM	BSC: Qigong Yoga
11:30 AM	BSC: Tai Chi
12:00 PM	BSC: Aerobics
12:30 PM	BSC: Zumba
1:30 PM	BSC: Core
2:00 PM	BSC: Strength & Flexibility
2:30 PM	SPOA Housing Policy
3:30 PM	Talk About Jazz
4:00 PM	Belmont Author Spotlight
4:30 PM	Kitchen to Kitchen
5:00 PM	Hot Topics
5:30 PM	Science for the Public
6:30 PM	Belmont Business Spotlight
7:00 PM	Belmont Journal
7:30 PM	Gallery @ BMC
8:00 PM	Woman's Club: The Wellingtons
9:30 PM	BCAA Chinese New Year Gala

# CH 6/30Info TV1:00 PMBelmont Journal/News Now1:30 PMConnect2:00 PMMA House of Representatives4:30 PMGov. Healey Conference5:00 PMBelmont Journal/News Now7:00 PMMeet the Candidates8:00 PMBoard of Health Debate8:30 PMLibrary Trustees Debate9:30 PMTown Moderator Debate10:30 PMSelect Board Debate11:30 PMSchool Committee Debate

### CH 2130 HD TV

12:00 AM Public Domain Horror/Sci-Fi
5:00 AM Democracy Now
10:00 AM Science for the Public
12:00 PM Belmont Journal/News Now
1:00 PM Belmont Historical Society
2:00 PM Public Access Variety
6:00 PM BHS Sports TV
11:00 PM Belmont Journal/News Now

# Sunday, March 16, 2025

CH 8/28Gov & Ed TV8:00 AMMunicipal Light Board 3/1011:00 AMTown Meeting 3/33:00 PMBHS Sports TV7:00 PMZoning Board of Appeals 3/109:30 PMWarrant Committee 3/12

### CH 9/29 Public TV 8:30 AM Church of God

9:00 PM Heritage Park Baptist Church
10:30 AM New Roads Mass (Live)
12:00 PM United Methodist Church
1:00 PM BCAA Chinese New Year
4:00 PM Heritage Park Baptist Church
5:00 PM Belmont Journal/News Now
5:30 PM United Methodist Church
7:00 PM BHS Sports TV

# CH 6/30 Info TV

1:00 PM Belmont Journal/News Now
1:30 PM Connect
2:00 PM MA House of Representatives
4:30 PM Gov. Healey Conference
5:00 PM Belmont Journal/News Now
7:00 PM Town Moderator Debate
8:00 PM School Committee Debate
9:00 PM Meet the Candidates
10:00 PM Select Board Debate
11:00 PM Board of Health Debate
11:30 PM Library Trustees Debate

### CH 2130 HD TV

12:00 AM Public Domain Horror/Sci-Fi
5:00 AM Democracy Now
10:00 AM Public Access Variety
2:00 PM Belmont Journal/News Now
3:00 PM Belmont Historical Society
4:00 PM BHS Sports TV
9:00 PM Science for the Public
11:00 PM Belmont Journal/News Now

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