



Belmont Media Center Program Schedule

Comcast: Channel 8, 9, 96

Verizon: Channel 28, 29, 30, 2130

Jan. 11 - 17, 2021

www.belmontmedia.org/watch

Monday, January 11, 2021

CH 8/28 Gov & Ed TV

9:30 AM Financial Task Force 1/8
 12:00 PM BMHS Building Cmte 12/18
 3:00 PM Warrant Committee 1/6
 5:30 PM Municipal Light Board (Live)
 7:00 PM Select Board (Live)

CH 9/29 Public TV

8:00 AM BSC: Strength & Flexibility
 9:00 AM BSC: Zumba
 10:00 AM Positively Beech Street
 11:00 AM Talking News
 11:30 AM BSC: Coffee & Conversation
 12:00 PM Dracut Arts
 12:30 PM Contemporary Science Issues
 1:30 PM BSC: Yoga Dance
 2:30 PM BSC: Winter Safety
 3:00 PM BSC: Core
 3:30 PM BHS Music Honor Society
 4:00 PM BSC: Veg Around the World
 5:00 PM BHS Sports TV
 8:30 PM The Legal Edition
 9:00 PM Belmont Journal: News Now
 9:30 PM Covid Update
 10:00 PM The Night Shift
 11:00 PM Sandbox Police

CH 96/30 Info TV

6:00 AM Belmont Journal: News Now
 6:30 AM La Verdad International
 7:00 AM Africa News Live
 8:00 AM Democracy Now
 9:00 AM Al Jazeera News
 10:00 AM Deutsche Welle News
 11:00 AM France 24 News
 1:00 PM Belmont Journal: News Now
 2:00 PM House of Representatives
 5:00 PM Democracy Now
 6:00 PM Belmont Journal: News Now
 6:30 PM La Verdad International
 7:00 PM Zoning Board of Appeals (Live)
 10:00 PM France 24 News
 12:00 AM Democracy Now

CH 2130 HD TV

9:30 AM BSC: Tai Chi
 10:00 AM Intro to Indoor Growing
 11:00 AM BSC: 911 Dispatch Program
 12:00 PM Belmont Journal: News Now
 12:30 PM BHS Music Honor Society
 1:00 PM Contemporary Science Issues
 2:00 PM BSC: Cooks Corner
 2:30 PM Covid Update
 3:00 PM Belmont Buzz
 4:00 PM Will B. Live
 5:30 PM Municipal Light Board (Live)
 7:00 PM Select Board (Live)

Tuesday, January 12, 2021

CH 8/28 Gov & Ed TV

9:30 AM BMHS Building Cmte 12/18
 12:00 PM Planning Board 1/5
 2:30 PM Budget & Override Forum 1/7
 5:00 PM SEPAC 12/17
 6:30 PM School Committee (Live)

CH 9/29 Public TV

9:30 AM Through the Lens: Disability in the Media
 10:00 AM The Joan Quinn Profiles
 10:30 AM BSC: Strength & Flexibility
 11:30 AM BSC: Aerobics
 12:00 PM BSC: Tai Chi
 12:30 PM BSC: Cooks Corner
 1:00 PM BSC: 911 Dispatch Program
 2:00 PM BSC: Solo Seniors
 3:00 PM Positively Beech Street
 4:00 PM Perils for Pedestrians

CH 96/30 Info TV

6:00 AM Belmont Journal: News Now
 6:30 AM La Verdad International
 7:00 AM Africa News Live
 8:00 AM Democracy Now
 9:00 AM Al Jazeera News
 10:00 AM Deutsche Welle News
 11:00 AM France 24 News
 1:00 PM Belmont Journal: News Now
 2:00 PM House of Representatives
 5:00 PM Democracy Now

CH 2130 HD TV

8:00 AM Chair Yoga
 9:00 AM BSC: Zumba
 10:00 AM Positively Beech Street
 11:00 AM Talking News
 11:30 AM BSC: Coffee & Conversation
 12:00 PM BSC: Veg Around the World
 1:00 PM BSC: Sing-Along
 1:30 PM BSC: Line Dancing
 2:00 PM BSC: Dance Yoga
 3:00 PM BSC: Winter Safety

Belmont Media Center Program Schedule**January 11 - 17, 2021**

4:30 PM BSC: Sing-Along	6:00 PM Belmont Journal: News Now	3:30 PM Contemporary Science Issues
5:00 PM BSC: Line Dancing	6:30 PM La Verdad International	4:30 PM Belmont Journal: News Now
5:30 PM Covid Update	7:00 PM Al Jazeera News	5:00 PM Belmont Buzz
6:00 PM Radio Daze	8:00 PM Africa News Live	6:00 PM BSC: Strength & Flexibility
7:00 PM BHS Winter Showcase	9:00 PM Deutsche Welle News	6:30 PM School Committee (Live)
8:00 PM BHS Music Honor Society	10:00 PM France 24 News	
8:30 PM Contemporary Science Issues	12:00 AM Democracy Now	
9:30 PM Reeling...Movie Review Show		
10:00 PM Belmont Journal: News Now		
10:30 PM The Night Shift		

Wednesday, January 13, 2021**CH 8/28 Gov & Ed TV**

9:00 AM Financial Task Force (Live)
11:30 AM Select Board 1/11
2:30 PM Financial Task Force 1/13
4:30 PM Will B. Live
6:00 PM SEPAC 12/17
7:30 PM Warrant Committee 1/6
9:30 PM Zoning Board of Appeals 1/11

CH 9/29 Public TV

10:00 AM BSC: Chair Yoga
11:00 AM BSC: Low Impact Fitness
12:00 PM Safe & Effective Medication Use
1:00 PM BHS Music Honor Society
1:30 PM BSC: Strength & Flexibility
2:00 PM Radio Daze
3:00 PM BSC: 911 Dispatch Program
4:00 PM Reeling...The Movie Review Show
4:30 PM BSC: Aerobics
5:00 PM Authors Virtual Read-Aloud
5:30 PM Contemporary Science Issues
6:30 PM Intro to Indoor Growing
7:30 PM BSC: Winter Safety
8:00 PM Belmont Buzz
9:00 PM Through the Lens: Disability in the Media
9:30 PM Belmont Journal: News Now
10:00 PM Covid Update
10:30 PM The Night Shift

CH 96/30 Info TV

6:00 AM Belmont Journal: News Now
6:30 AM La Verdad International
7:00 AM Africa News Live
8:00 AM Democracy Now
9:00 AM Al Jazeera News
10:00 AM Deutsche Welle News
11:00 AM France 24 News
1:00 PM Belmont Journal: News Now
2:00 PM House of Representatives
4:30 PM BHS Girls Ice Hockey (Live)
7:00 PM Al Jazeera News
8:00 PM Africa News Live
9:00 PM Deutsche Welle News
10:00 PM France 24 News
12:00 AM Democracy Now

CH 2130 HD TV

8:00 AM BMHS Building Cmte 12/18
11:00 AM BSC: Core
12:00 PM BSC: Low Impact Fitness
1:00 PM BSC: Line Dancing
1:30 PM Authors Virtual Read-Aloud
2:00 PM BSC: Cooks Corner
3:00 PM Belmont Journal
3:30 PM BSC: Winter Safety
4:00 PM BSC: Sing-Along
4:30 PM Contemporary Science Issues
5:30 PM BHS Winter Showcase
6:30 PM BSC: Solo Seniors
7:30 PM Warrant Committee 1/6

Thursday, January 14, 2021**CH 8/28 Gov & Ed TV**

8:00 AM BHS Building Committee (Live)
12:00 PM School Committee 1/12

CH 9/29 Public TV

9:30 AM BSC: Core
10:00 AM BSC: Coffee & Conversation

CH 96/30 Info TV

6:00 AM Belmont Journal: News Now
6:30 AM La Verdad International

CH 2130 HD TV

9:00 AM Positively Beech Street
10:00 AM BSC: Low-Impact Fitness

Belmont Media Center Program Schedule**January 11 - 17, 2021**

4:00 PM Zoning Board of Appeals 1/11
7:00 PM SEPAC 12/17
8:30 PM Planning Board 1/5
10:30 PM Structural Change Impact 1/7

10:30 AM BSC: Aerobics
11:00 AM BSC: Line Dancing
11:30 AM BSC: Zumba
12:30 PM Cooks Corner
1:00 PM Dracut Arts
1:30 PM BSC: Sing-Along
2:00 PM Intro to Indoor Growing
3:00 PM BSC: Dance Yoga

4:00 PM The Legal Edition
4:30 PM BSC: Tai Chi
5:00 PM BSC: Winter Safety
5:30 PM BSC: Veg Around the World
6:30 PM Reeling...Movie Review Show
7:00 PM Radio Daze
8:00 PM Belmont Buzz
9:00 PM Belmont Journal: News Now
9:30 PM Safe & Effective Medication Use
10:30 PM Sandbox Police

7:00 AM Africa News Live
8:00 AM Democracy Now
9:00 AM Al Jazeera News
10:00 AM Deutsche Welle News
11:00 AM France 24 News
1:00 PM Belmont Journal: News Now
2:00 PM MA House of Representatives
5:00 PM Democracy Now

6:00 PM Belmont Journal: News Now
6:30 PM La Verdad International
7:00 PM Al Jazeera News
8:00 PM Africa News Live
9:00 PM Deutsche Welle News
10:00 PM France 24 News
12:00 AM Democracy Now

11:00 AM Intro to Indoor Growing
12:00 PM BSC: Dance Yoga
1:00 PM Safe Effective Medication Use
2:00 PM Talking News
2:30 PM BSC: Coffee & Conversation
3:00 PM Radio Daze
4:00 PM Covid Update
4:30 PM Through the Lens: Disability in the Media
5:00 PM Authors Virtual Read-Aloud
5:30 PM Will B. Live
7:00 PM BSC: Winter Safety
7:30 PM Belmont Journal: News Now
8:00 PM BHS Music Honor Society
8:30 PM Belmont Buzz
9:30 PM BHS Winter Showcase
11:30 PM Sandbox Police

Friday, January 15, 2021**CH 8/28 Gov & Ed TV**

8:00 AM Financial Task Force (Live)
11:00 AM School Committee 1/12
3:00 PM Planning Board 1/5
5:30 PM Municipal Light Board 1/11
7:00 PM Select Board 1/11
9:30 PM Budget & Override Forum 1/7

CH 9/29 Public TV

9:30 AM BSC: Tai Chi
10:30 AM BSC: Chair Yoga
11:30 AM BSC: Veg Around the World
12:30 PM Talking News
1:00 PM BSC: Coffee & Conversation
1:30 PM BSC: Cooks Corner
2:00 PM The Legal Edition
2:30 PM The Joan Quinn Profiles
3:00 PM Reeling
3:30 PM Belmont Buzz
4:30 PM BSC: Core
5:00 PM Positively Beech Street
6:00 PM BHS Winter Showcase
7:00 PM Belmont Gallery of Art
8:00 PM Gay USA
9:00 PM Dracut Arts

CH 96/30 Info TV

6:00 AM Belmont Journal: News Now
6:30 AM La Verdad International
7:00 AM Africa News Live
8:00 AM Democracy Now
9:00 AM Al Jazeera News
10:00 AM Deutsche Welle News
11:00 AM France 24 News
1:00 PM Belmont Journal: News Now
2:00 PM MA House of Representatives
5:00 PM Democracy Now
6:00 PM Belmont Journal: News Now
6:30 PM La Verdad International
7:00 PM Al Jazeera News
8:00 PM Africa News Live
9:00 PM Deutsche Welle News
10:00 PM France 24 News

CH 2130 HD TV

9:00 AM BSC: Zumba
10:00 AM BSC: Core
11:00 AM Safe Effective Medication Use
12:00 PM BSC: Veg Around the World
1:00 PM Belmont Journal: News Now
1:30 PM BSC: Aerobics
2:00 PM BSC: 911 Dispatch Program
3:00 PM Intro to Indoor Growing
4:00 PM BSC: Solo Seniors
5:00 PM Radio Daze
6:00 PM SEPAC 12/17
7:30 PM BHS Winter Showcase
8:30 PM BHS Music Honor Society
9:00 PM BHS Sports
11:00 PM Sandbox Police

Belmont Media Center Program Schedule**January 11 - 17, 2021**

9:30 PM Authors Virtual Read-Aloud **12:00 AM** Democracy Now
10:00 PM Belmont Journal: News Now
10:30 PM Covid Update
11:00 PM Sandbox Police

Saturday, January 16, 2021**CH 8/28 Gov & Ed TV**

9:00 AM BHS Building Committee 1/14
12:00 PM School Committee 1/12
4:00 PM Structural Change Impact 1/7
6:00 PM Warrant Committee 1/6
8:30 PM BHS Sports TV

CH 9/29 Public TV

9:00 AM Intro to Indoor Growing
10:00 AM BSC: Dance Yoga
11:00 AM Reeling...Movie Review Show
11:30 AM Belmont Buzz
12:30 PM Covid Update
1:00 PM BSC: Zumba
2:00 PM BSC: Core
3:00 PM BSC: Low Impact Fitness
4:00 PM BSC: Line Dancing
4:30 PM BSC: Sing-Along
5:00 PM BSC Aerobics
5:30 PM Contemporary Science Issues
6:30 PM BSC: Winter Safety
7:00 PM Belmont Journal: News Now
7:30 PM BHS Winter Showcase
8:30 PM BSC: Solo Seniors
9:30 PM BHS Music Honor Society
10:00 PM Authors Virtual Read-Aloud

CH 96/30 Info TV

1:00 PM Belmont Journal: News Now
1:30 PM BHS Girls Basketball (Live)
4:30 PM MA House of Representatives
6:00 PM Belmont Journal: News Now

CH 2130 HD TV

12:00 AM Midnight Marquee Weekends
4:00 AM Democracy Now
9:00 AM Science for the Public
11:00 AM Senior Programs Block
1:00 PM Belmont Journal: News Now
2:00 PM Belmont Buzz
3:00 PM Will B. Live
5:00 PM Belmont Historical Society
6:00 PM BHS Sports TV
10:30 PM Belmont Journal: News Now

Sunday, January 17, 2021**CH 8/28 Gov & Ed TV**

9:30 AM Municipal Light Board 1/11
11:00 AM Select Board 1/11
1:00 PM Structural Change Impact 1/7
3:00 PM BHS Sports TV
7:00 PM Budget & Override Forum 1/7
9:30 PM Financial Task Force 1/15
11:30 PM Zoning Board of Appeals 1/11

CH 9/29 Public TV

8:30 AM Safe & Effective Medication Use
9:30 AM Heritage Park Baptist Church
11:00 AM United Methodist Church
12:00 PM BSC: Low Impact Fitness
1:00 PM BSC: Sing A-long
1:30 PM BSC: Line Dancing
2:00 PM BSC: Chair Yoga
3:00 PM BSC: Zumba
4:00 PM BSC: 911 Dispatch Program
5:00 PM Through the Lens: Disability in the Media

CH 96/30 Info TV

1:00 PM Belmont Journal: News Now
2:00 PM House of Representatives
6:00 PM Belmont Journal: News Now

CH 2130 HD TV

12:00 AM Midnight Weekend Marquee
5:00 AM Democracy Now
10:00 AM Senior Programs Block
12:00 PM Belmont Journal: News Now
1:00 PM Belmont Buzz
2:00 PM Belmont Historical Society
3:00 PM BHS Sports TV
7:30 PM Science for the Public
10:00 PM Belmont Journal: News Now
11:00 PM Belmont Buzz

Belmont Media Center Program Schedule

January 11 - 17, 2021

5:30 PM Belmont Journal: News Now

6:00 PM United Methodist Church

7:00 PM BHS Sports TV